



Spectrum for Living  
*At a Glance*

**History**

Founded in 1983, Spectrum for Living is a not for profit, 501(c)3 organization that provides barrier-free, residential facilities for adults with multiple physical and developmental disabilities.

**Services**

Spectrum provides a wide array of housing, medical, clinical, rehabilitative, social and educational services for individuals with developmental disabilities.

- Our residential facilities and training centers provide a unique, barrier-free environment where people with disabilities are respected as individuals and provided with the freedom, responsibility and opportunity to meet life's challenges.
- Spectrum serves 230 people throughout its 21 residences.
- Spectrum operates six day program training centers, serving almost 300 individuals.
- Spectrum's community/support services team provides case management, recreation, respite and intake counseling to an excess of 650 people.

These services are supported by a staff of 650 individuals and an annual operating budget of approximately \$34 million.

- The cost to support one individual in a Spectrum residence averages between \$70,000 and \$100,000 per year.
- The cost to support one individual in a Spectrum day program is between \$20,000 and \$30,000 per year.

Spectrum also provides residents with physical and emotional support through numerous supplemental services including:

- Nursing/medical services
- Psychological support
- Recreational activities
- Vocational/educational
- Dietary education
- Social events
- Respite services
- Rehabilitative services
- Family support services

**Locations**

Spectrum's residential and adult training centers\* are located in the following communities:

- Bergenfield
- (2) Closter
- (4) Edison\*
- Elmwood Park
- (2) Glen Rock
- Haworth
- Hillsdale
- Maywood
- Northvale
- North Haledon\*
- Norwood
- Paramus
- (2) Ringwood\*
- River Vale
- Rockleigh
- Teaneck\*
- Wayne
- (3) Westwood\*