



Spectrum for Living

People Helping People

Spectrum for Living, founded in 1983, was created – from the ground up – by caring families of developmentally disabled adults. These parents were concerned about who would care for their children when they could no longer do so. They desired a place where people would help their children live as independently as possible, with dignity, maximizing their individual potential.

In two decades, Spectrum for Living has grown to 29 sites in three New Jersey counties, each offering a variety of programs and supportive housing opportunities to over 200 residents. Thousands of hours of service are provided annually to community clients as well, enhancing their quality of life.

Spectrum for Living operates an **Intermediate Care Facility** (one of only two privately owned in NJ), **Adult Training Centers** that teach vocational skills and job preparation, **Group Homes** and **Supervised Apartments** that foster independent living and **Respite Services** for community families. Spectrum for Living also has a variety of supportive programs that provide medical care, psychological support, and recreational and social opportunities.

Spectrum's progress has been nothing short of a miracle yet much remains to be done. Our waiting list grows yearly. In New Jersey as state budgets shrink, thousands of adults with disabilities receive little or no services. In order to meet the needs of these individuals and their families, Spectrum for Living needs the continued generous support of caring individuals who seek to make a positive contribution to their community.

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