



FROM OUR LEADERSHIP



We are pleased to share with you our 2023 Annual Report, which details the wealth of programming that we provided and events that we hosted throughout the year to enrich and provide a meaningful life experience for the many adults that we serve.

2023 marked a turning point for Spectrum for Living as we emerged from the public health emergency posed by the coronavirus pandemic. With deeper investments in our dedicated team members, we were able to provide an even higher quality of care to those we serve. Our many staff members are the lifeline of Spectrum for Living, and through their combined efforts, our Mission thrives.

As originally envisioned by our Founding Parents – Alexander Gallione, Adele Guttenberg Rena Kamena, Annette Levy and Edna Melosh – Spectrum for Living is a partnership between families and our compassionate staff members. Collectively, we are engaged in the daily work of transforming people's lives, and it is our aspiration that all of our many clients reach their fullest potential and are exposed to the full richness that life has to offer. However, more than just an aspiration, this is something that we actually deliver, every day, 365 days per year.

Of course, a key component in our continued success is your unwavering support. You keep the dream of our Founding Parents alive by being an active member of our community. With your continued support, the Spectrum for Living legacy is preserved.

We thank you for being a part of the Spectrum for Living family and for believing in our Mission.

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CHRISTOPHER L. PERRY
President & Chief Executive Officer



For over forty-one years, Spectrum for Living has built a commendable legacy of supporting and caring for thousands of individuals with developmental disabilities through our group homes, apartments, adult training centers, and intermediate care facility. Without the vital assistance provided by Spectrum for Living, many of these individuals might fall through the cracks of the social services system.

We are fortunate to have a dedicated and passionate team that goes above and beyond expectations every day to support this underserved population. Our exceptional staff, including support care workers, managers, nurses, behaviorists, and other professionals, are a source of immense pride for the Board of Trustees.

Our impact extends beyond the Spectrum for Living community. Through our Support Services Unit, we assist numerous individuals across New Jersey daily, helping them navigate challenges such as losing Medicaid benefits, Supplemental Nutrition Assistance, or subsidized housing. Many of those we assist ultimately join our day programs or become residents.

I encourage everyone to consider contributing to Spectrum for Living, as your support significantly enhances the lives of individuals with developmental disabilities in meaningful ways.

Thank you for your continued support, and a special thank you to our entire staff for their unwavering dedication and hard work.

BRIAN TODD Board Chairperson

ABOUT SPECTRUM FOR LIVING

OUR MISSION

To enable individuals who have developmental and/or physical disabilities to have the opportunity to attain their highest level of skills, purpose, and independence with dignity through an ongoing commitment to comprehensive quality services, advocacy, and family partnership.

OUR VISION

We envision a future where all individuals with developmental disabilities have opportunities to live healthy, safe, and enjoyable lives.

Our goal is to provide full access to services that promote independence, community integration, and freedom from physical barriers.

OUR VALUES

We believe that individuals with disabilities have the right to exercise personal choice and make meaningful decisions in their own lives. Our services embody a lifespan approach that is flexible and responsive to the changing needs of each individual throughout his or her lifetime.

SPECTRUM FOR LIVING IS IN **YOUR** COMMUNITY:

Allendale
Alpine
Asbury Park
Avenel
Bergenfield
Bloomingdale
Bogota

Borough of Middlesex

Califon Carlstadt Cliffside P<u>ark</u>

Clifton Closter

Colonia Cresskill

Demarest Dumont

Dunellen

East Brunswick
East Rutherford

Edgewater

Edison

Elmwood Park

Emerson Englewood

Englewood Cliffs

Fair Lawn

Fairview Fort Lee

Franklin Lakes

Garfield Glen Rock

Hackensack

Haledon

Harrington Park

Hasbrouck Heights

Haworth Hawthorne Highland Park <u>Hillsdale</u>

Ho-Ho-Kus

Jamesburg

Kendall Park Lakehurst

Leonia

Little Falls Little Ferry

Lodi

Lyndhurst Mahwah

Maywood Metuchen

Midl<u>and Park</u>

Monroe Township

Montvale Moonachie

New Brunswick

New Milford North Arlington

North Brunswick

North Haledon

Northvale Norwood

Oakland

Old Bridge Old Tappan

Oradell

Palisades Park

Paramus Park Ridge

Passaic

Paterson
Perth Amboy

Piscataway

Pompton Lakes

Prospect Park

Ramsey Ridgefield

Ridgefield Park

Ridgewood

Ringwood

River Edge River Vale

Rochelle Park

Rockleigh

Rutherford

Saddle Brook

Saddle River
South Brunswick

South Hackensack

Spotswood

Teaneck Tenafly

Teterboro

Totowa Union

Union Beach

Upper Saddle River

Waldwick

Wallington Wanaque

Washington Township

Wayne

West Milford

West Paterson

Westwood Whippany

Woodbridge

Woodcliff Lake

Wood-Ridge

Wyckoff

PROGRAMS + SERVICES

Spectrum for Living provides a multitude of services for adults with developmental, physical, and intellectual disabilities. We serve individuals across all income levels, ethnicities, and sexual orientations, including adults with autism, cerebral palsy, epilepsy, spina bifida, psychiatric needs, and other neurological impairments.



Adult Training Centers:

Our Adult Training Centers provide a variety of stimulating programs, which help clients with skill-building. Clients participate in art therapy, computer applications, music classes, community integration, sensory integration, workplace readiness, and cognitive development programs.



Health Care:

We provide comprehensive health care services for our residents and community clients at our sites. Our Medical Director oversees the provision of quality care, including nursing services, behavioral health, physical, occupational, speech, and dietary therapies.



Housing:

We care for clients in out Intermediate Care Facility, group homes, and supervised apartments. Our Intermediate Care Facility provides care for our most medically intensive residents. Our homes provide clients with private rooms and common living areas. Our apartments offer private rooms, a shared living room, and adaptive kitchens and bathrooms.



PROGRAMS + SERVICES









Recreation:

Our Recreational Programs offer our clients the freedom to make their own choices, become active members of society, and have access to the same opportunities as other adults. Clients participate in dances, games, arts, music, and field trips. These activities improve the quality of life of our clients, offering new means of socialization, integration, and sensory development.

Respite Care:

Our Family Respite Program provides a safe, secure, and warm environment for families of those with disabilities. We offer short-term respite stays at our Bergenfield Community Respite Home and area hotels, and we also offer a Saturday Respite Program.

Support Services:

Our Support Services Unit offers in-home training, community-based support, and community inclusion services. We work to link adults with developmental disabilities and their families living in the community to essential services such as benefits/entitlements, housing, day programs, and support services.

A large majority of our clients reflect the need for a combination and sequence of special interdisciplinary or generic care, treatment, or other services which are individually planned and coordinated.

2023 GRANTORS

Spectrum for Living depends on philanthropic support to provide the robust level of care and services that we have become known for.



REVENUE



PROGRAM SUPPORT

2023 GRANTORS:

Amboy Foundation
Citizen's Charitable Foundation
Columbia Bank
Community Chest of Englewood
Investors Bank Foundation
Kaplen Foundation
Lakeland Bank
New Jersey Office of Faith-Based Initiatives

New Jersey Division of Disability Services
Middlesex County Cultural and Arts Trust Fund
PayCom
PSEG

The Bolger Foundation
The Lowell F. Johnson Foundation
The Marilyn Lichtman Foundation

2023 FINANCIALS

	Income	2023	2022
	Grants & Contracts	\$713,889.00	\$695,827.00
	Program Service Fees	\$39,851,489.00	\$36,693,614.00
	Fundraising	\$961,167.00	\$900,615.00
	Other/Investment Income	\$3,115,188.00	\$2,850,178.00
	Total Income	\$44,641,733.00	\$41,140,234.00
R	Expenses	2023	2022
	Residential Care	\$33,228,989.00	\$32,901,439
	Day Programs	\$6,067,017.00	\$5,948,231
SHEET LAND	Management & General	\$5,329,210.00	\$4,536,414
	Respite & Recreation	\$278,530.00	\$254,282
	Case Management	\$259,169.00	\$301,996
	Fundraising	\$215,862.00	\$210,587
	Family Support	\$49,582.00	\$87,099
	Total Expenses	\$45,428,359.00	\$44,240,048

FAMILY 5K, WALK & DOGGIE DASH

Spectrum for Living hosted our annual Family 5K, Walk, and Doggie Dash on April 22, 2023 at Overpeck Park in Ridgefield Park, New Jersey.

Participants included individuals, teams, civic groups, and businesses, all eager to run, walk, roll, and stroll in support of adults with intellectual and developmental disabilities.

Our dedicated supporters helped raise \$44,826.48 for our programs.









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40 YEARS OF FAMILY, COMMUNITY, AND OUR SPECTRUM HEROES

Spectrum for Living had the privilege of honoring unyielding leaders and supporters of Spectrum for Living Donna and Victor Cannillo at our annual gala on October 12, 2023, who goes above and beyond in his service to Spectrum for Living and the 1000+ clients in our care.

Our honorees, Donna and Victor continuously demonstrate their commitment to bettering the lives of individuals with intellectual and developmental disabilities through their concerted time, care, and belief in our mission.

Thank you to Randy and all of our attendees, sponsors, contributors, and volunteers who helped raise \$88,802.63 in support of our programs.















2023 SPONSORS:

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Lions Club of Wyckoff NJ Spectrum for Living Endowment Tarrytown Expocare Pharmacy The Guglielmetti & Capazzi Families TopBuild - Coastal Insulation 746 Woodhaven Lumber & Millwork

19TH ANNUAL GOLF CLASSIC

2023 SPONSORS:

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Spectrum for Living hosted our 19th Annual Golf Classic on June 26, 2023 at the prestigious Alpine Country Club.

We had another record-breaking year thanks to our amazing sponsors, contributors, and golfers.

In total, \$97,344.24 was raised in support of our enriching day programs, residential housing, and our robust recreational services.











Every effort was made to ensure our donor listing is accurate and complete. If your name does not appear or is listed incorrectly, please accept our apologies and contact the Development Office at (201) 358-8081 so that we may update our records.

\$25,000+

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NEW JERSEY DEPARTMENT OF HUMAN
SERVICES
SPECTRUM FOR LIVING ENDOWMENT, INC.
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\$14,999 - \$5,000 CONTINUED

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